

## Clinic Competencies List

### **Steve Johnson, MA, LPC, NCC**

- Settings/Populations
  - Adults (men and women)
  - Adolescents
  - Geriatric
  - Telemedicine
  
- Treatment Modalities
  - Adolescent Psychotherapy
  - Anger Management
  - Brief Therapy
  - Christian Counseling
  - Client-Centered Therapy
  - Cognitive Therapy
  - Couples Therapy
  - Individual Therapy
  - Mood Disorders
  - Rational Emotive Therapy
  - Relationship Disorders
  - Critical Incident Debriefing
  - Family Therapy/Family Systems Therapy
  - Sexual Compulsions/Addictions
  - Stress Management
  
- Disorders/Issues
  - Adjustment Disorder
  - Adolescent Behavior Disorders
  - Anger Management
  - Anxiety and Panic Disorder
  - Christian Counseling
  - Chronic Pain/Pain Management
  - Cognitive Disorder
  - Separation/Divorce/Marital Issues
  - Depression
  - Infertility
  - Men's Issues
  - Mood Disorders
  - Obsessive Compulsive Disorder
  - Oppositional Defiant Disorder
  - Parenting Issues
  - Post-partum Disorder

- PTSD
- Phobias
- Physical Abuse
- Sexual Disorders and Dysfunction
- Family Dysfunction
- Gender Identity Issues
- Grief, Loss, Bereavement
- Step/Blended Families
- Stress management
- Self-injury
- Suicide
- Women's issues
- Work-related problems

**Adam Smith, MS, CMHC, SAS, LPC-IT**

- Certifications
  - Trauma-Informed Care
  - Psychological First Aid (Red Cross)
  
- Settings/Populations
  - Adolescents
  - Adults (men and women)
  - Blind/Visually Impaired
  - Children
  - Community Based
  - Deaf/Hearing Impaired
  - Developmental Disability
  - Emotionally Disturbed/Severe Emotional Disturbance
  - LGBTQ+ community
  - Geriatric
  - Hospital-based
  - Home Based
  - Homelessness
  - Mobile Crisis
  - Nursing Home
  - Physical Disability
  - Serious Mental Illness
  - Severe and Persistent Mental Illness
  - School-based
  
- Treatment Modalities
  - Applied Behavioral Analysis (ABA)
  - Addictive Disorders
  - Adolescent Psychotherapy

- Alcohol and Substance Abuse Treatment
  - Anger Management
  - Art Therapy
  - Attachment Therapy
  - Behavioral Therapy
  - Brief Therapy
  - Chemical Dependency Assessment
  - Client-Centered Therapy
  - Cognitive Therapy
  - Couples Therapy
  - Crisis Intervention/Stabilization
  - Evaluation/Assessment
  - Family Therapy/Family Systems Therapy
  - Lesbian, Gay, Bisexual
  - Group Therapy
  - Gestalt Therapy
  - Individual Therapy
  - Intensive Outpatient Therapy
  - Intake Assessment
  - Medication Management
  - Mood Disorders
  - Play Therapy
  - Psychopharmacology
  - Pain Management
  - Rational Emotive Therapy
  - Relationship Disorders
  - Sexual Compulsions/Addictions
  - Stress Management
  - Tobacco
  - Trauma Informed Care
- Disorders/Issues
    - Addictive Medicine
    - ADD/ADHD
    - Addictive Disorders
    - Adjustment Disorder
    - Adolescent Behavior Disorders
    - Adult ADD
    - Anger Management
    - Anxiety/Panic Disorder
    - Attachment Disorder
    - Autism Spectrum Disorder
    - Bipolar Disorder
    - Chemical Dependency

- Chronic Pain/Pain Management
- Crisis Stabilization
- Cultural Issues
- Co-occurring Disorders
- Cognitive Disorders
- Criminal Offenders
- Dementia Disorders
- Developmental Disorders
- Disruptive Behavior
- Dissociative Disorder
- Separation/Divorce/Marital Issues
- Domestic Violence
- Dual Diagnosis
- Depression
- Disabled
- Eating Disorders
- Family Dysfunction
- Lesbian, Gay, Bisexual
- Gender Identity Issues
- Grief, Loss, Bereavement
- Home Visits
- Impulse Disorders
- Infertility
- Learning Disability
- Men's Issues
- Mood Disorders
- Mental Retardation
- Obsessive Compulsive Disorder
- Oppositional Defiant Disorder
- Parenting Issues
- Personality Disorders
- Post-Partum Disorder
- PTSD
- Phobias
- Reactive Attachment Disorder
- Relapse Prevention
- Sexual/physical abuse (children and adults)
- Schizophrenia
- Severe and Persistent Mental Illness
- Sexual Disorders and Dysfunction
- Sexual Abuse/Incest
- Sleep Disorder
- Step/Blended Families
- Stress Management

- Self-Injury
- Sexual Offender
- Substance Abuse
- Suicide

**Kathy Berg, LPC**

- Settings/Populations
  - Adults (Women)
  - Emotionally Disturbed
  - Mobile Crisis
  - Telemedicine
- Treatment Modalities
  - Adoption Issues
  - Attachment Therapy
  - Behavioral Therapy
  - Christian Counseling
  - Cognitive Therapy
  - Couples Therapy
  - Emotionally Focused Therapy
  - Individual Therapy
  - Intake Assessment
  - Mood Disorders
- Disorders/Issues
  - Adjustment Disorder
  - Adoption Issues
  - Anxiety/Panic Disorder
  - Christian/Spiritual
  - Separation/Divorce/Marital Issues
  - Depression
  - Family Dysfunction
  - Grief, Loss, Bereavement
  - Infertility
  - Mood Disorders
  - Obsessive Compulsive Disorder
  - Parenting Issues
  - Step/Blended Families
  - Women's Issues
  - Female College Students

**Sherry Howard, APSW**

- Certifications
  - APSW, MSW

- Settings/Populations
  - Adolescents
  - Adults (men and women)
  - Children
  - Community-Based
  - Deaf/Hearing Impaired
  - Developmental Disability
  - Emotionally Disturbed
  - Gay/Lesbian
  - Home-Based
  - Homeless
  - School-based
  - Telemedicine
  - Young Children
  
- Treatment Modalities
  - Adolescent Psychotherapy
  - Adolescent Sex Offender
  - Adoption issues
  - Attachment Therapy
  - Behavioral Therapy
  - Brief Therapy
  - Client Centered Therapy
  - Cognitive Therapy
  - Couples Therapy
  - Crisis Intervention/Stabilization
  - Family Therapy/Family Systems
  - Gay/Lesbian/Bisexual
  - Group Therapy
  - Intensive Family Intervention
  - Individual Therapy
  - Intensive Outpatient
  - Intake Assessment
  - Mood Disorders
  - Stress Management
  - Social Work Case Management
  
- Disorders/Issues
  - ADD/ADHD
  - Adjustment Disorder
  - Adolescent Behavior Disorders
  - Adoption Issues
  - Adult ADD
  - Anxiety/Panic Disorder

- Attachment Disorder
- Autism Spectrum Disorder
- Bipolar Disorder
- Christian/Spiritual
- Crisis Stabilization
- Cultural Issues
- Child/Parent Bonding
- Co-occurring Disorders
- Cognitive Disorders
- Developmental Disorders
- Disruptive Behavior
- Separation/Divorce/Marital Issues
- Depression
- Disabled
- Gay/Lesbian/Bisexual
- Gender Identity
- Home Visits
- Mood Disorders
- Oppositional Defiant Disorder
- Parenting Issues
- Personality Disorders
- Physical Abuse
- Reactive Attachment disorder
- Relapse Prevention
- Sexual/Physical abuse (adults)
- Sexual/Physical Abuse (children)
- Sexual Dysfunction
- Sexual Abuse/incest
- Step/Blended Families
- Stress Management
- Self-Injury
- Women's Issues
- Work related problems

**Nicole Stelzer, MFT**

- Certifications
  - Trauma-Informed Care
- Settings/Populations Treated
  - Adolescents
  - Adults (men and women)
  - Children
  - Community-Based
  - Gay/Lesbian

- School-Based
- Young Children
  
- Treatment Modalities/Approaches
  - Attachment therapy
  - Client-Centered Therapy
  - Cognitive Therapy
  - Couples Therapy
  - Crisis Intervention/Stabilization
  - Dialectical Behavioral Therapy
  - Family Therapy
  - Family Systems Therapy
  - Individual Therapy
  - Intake Assessment
  - Psychoanalytic Therapy
  - Rational Emotive Therapy
  - Stress Management
  - Trauma Informed Care
  
- Disorders/Issues
  - ADD/ADHD
  - Adjustment Disorder
  - Adolescent Behavior Disorder
  - Anxiety/Panic Disorder
  - Attachment Disorder
  - Bipolar Disorder
  - Crisis Stabilization
  - Cultural Issues
  - Child/Parent Bonding
  - Separation/Divorce/Marital Issues
  - Domestic Violence
  - Depression
  - Eating Disorders
  - Family Dysfunction
  - Feeding Disorders
  - Gay/Lesbian/Bisexual
  - Gender Identity Issues
  - Grief/Loss/Bereavement
  - Infertility
  - Mood Disorders
  - Oppositional Defiant Disorder
  - Parenting Issues
  - Personality Disorders
  - Post-Partum Depression



- PTSD
- Physical Abuse
- Reactive Attachment Disorder
- Sexual/Physical Abuse (Adults)
- Sexual/Physical Abuse (Children)
- Step/Blended Families
- Stress Management
- Self-Injury
- Suicide
- Women's Issues
- Work-related problems