

## Clinic Competencies List

### Nicole Stelzer, MFT

- Certifications
  - Trauma-Informed Care
  
- Settings/Populations Treated
  - Adolescents
  - Adults (men and women)
  - Children
  - Community-Based
  - Gay/Lesbian
  - School-Based
  - Young Children
  
- Treatment Modalities/Approaches
  - Attachment therapy
  - Client-Centered Therapy
  - Cognitive Therapy
  - Couples Therapy
  - Crisis Intervention/Stabilization
  - Dialectical Behavioral Therapy
  - Family Therapy
  - Family Systems Therapy
  - Individual Therapy
  - Intake Assessment
  - Psychoanalytic Therapy
  - Rational Emotive Therapy
  - Stress Management
  - Trauma Informed Care
  
- Disorders/Issues
  - ADD/ADHD
  - Adjustment Disorder
  - Adolescent Behavior Disorder
  - Anxiety/Panic Disorder
  - Attachment Disorder
  - Bipolar Disorder
  - Crisis Stabilization
  - Cultural Issues
  - Child/Parent Bonding
  - Separation/Divorce/Marital Issues
  - Domestic Violence

- Depression
- Eating Disorders
- Family Dysfunction
- Feeding Disorders
- Gay/Lesbian/Bisexual
- Gender Identity Issues
- Grief/Loss/Bereavement
- Infertility
- Mood Disorders
- Oppositional Defiant Disorder
- Parenting Issues
- Personality Disorders
- Post-Partum Depression
- PTSD
- Physical Abuse
- Reactive Attachment Disorder
- Sexual/Physical Abuse (Adults)
- Sexual/Physical Abuse (Children)
- Step/Blended Families
- Stress Management
- Self-Injury
- Suicide
- Women's Issues
- Work-related problems