

Clinic Competencies List

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- Settings/Populations
 - Adults (men and women)
 - Adolescents
 - Geriatric
 - Individuals, couples, families
 - TeleHealth
 - Remote EMDR/EMDR Flash Technique

- Treatment Modalities
 - Adolescent Psychotherapy
 - Brief Therapy
 - Christian Counseling
 - Client-Centered Therapy
 - Cognitive Therapy
 - Couples Therapy
 - EMDR (Eye Movement Desensitization and Reprocessing) Therapy
 - EMDR Flash Technique
 - Individual Therapy
 - Mood Disorders
 - Neurofeedback Therapy (Fall 2021)
 - Rational Emotive Therapy
 - Relationship Disorders
 - Critical Incident Debriefing
 - Family Therapy/Family Systems Therapy
 - Sexual Compulsions/Addictions
 - Stress Management

- Disorders/Issues
 - Adjustment Disorder
 - Adolescent Behavior Disorders
 - Anxiety and Panic Disorder
 - Christian Counseling
 - Chronic Pain/Pain Management
 - Cognitive Disorder
 - Separation/Divorce/Marital Issues
 - Depression
 - Domestic Violence
 - Infertility
 - Men's Issues
 - Mood Disorders

- Obsessive Compulsive Disorder
- Parenting Issues
- Post-partum Disorder
- Post-Traumatic Stress Disorder
- Complex Post-Traumatic Stress Disorder
- Phobias
- Physical Abuse
- Obsessive Compulsive Disorder
- Sexual Disorders and Dysfunction
- Family Dysfunction
- Gender Identity Issues
- Grief, Loss, Bereavement
- Sexual Assault Survival
- Step/Blended Families
- Stress management
- Self-injury
- Suicide
- Women's issues
- Work-related problems

- Certifications
 - EMDR Trained Clinician
 - EMDR Flash Technique
 - ASIST (Applied Suicide Intervention Skills Training)
 - Crisis Counseling
 - Prepare/Enrich Facilitator
 - SYMBIS (Saving Your Marriage Before It Starts) Facilitator